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Non-Surgical Cosmetic Services Inspection Checklist- Random

Name of the Facility: _____

Date of Inspection: ____/____/____

| Ref. | Description | Yes | No | N/A | Remarks |
|----------|--|-----|----|-----|---------|
| 5 | STANDARD ONE: REGISTRATION AND LICENSURE PROCEDURES | | | | |
| 5.1.5. | Ensure adequate lighting and utilities, including temperature controls, water taps, medical gases, sinks and drains, electrical outlets and communications. | | | | |
| 6 | STANDARD TWO: HEALTH FACILITY REQUIREMENTS | | | | |
| 6.2.1. | Ensure all consumables, equipment, pharmaceutical drugs/products required for each procedure are stored in a secured area. | | | | |
| 6.2.2. | Provide comfortable and safe treatment environment in the health facility and assure patient privacy and confidentiality. | | | | |
| 6.3. | The health facility providing laser therapy must ensure that the laser environment and laser safety requirements comply with DHA standards and policies. | | | | |
| 6.3.3. | The room entrance shall have a laser safety sign posted visibly on the door. | | | | |
| 6.3.4. | Protective measures need to be taken to prevent stray laser radiation from leaving the room or from reflecting and for safe laser and IPL practice. These measures include but are not limited to: | | | | |
| a. | The walls of the room should be painted with a matt coloured paint. | | | | |
| b. | Selected flooring surfaces shall be easy to maintain, readily cleanable and appropriately wear-resistant for the location. | | | | |

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| | Wooden flooring could be used in treatment rooms. Carpets shall not be used in the treatment room. | | | | |
| c. | The room shall have no metallic surfaces or mirrors. | | | | |
| d. | The light used in the room must be non-reflecting. | | | | |
| e. | Windows shall be kept closed and curtain used shall be made of non-reflecting materials. | | | | |
| f. | Treatment couch shall be white colour or covered with white sheet. | | | | |
| g. | Non-reflective instruments shall be used. | | | | |
| 7 | STANDARD THREE: HEALTHCARE PROFESSIONALS REQUIREMENTS | | | | |
| 7.1.1. | Hold an active DHA full time or part time professional license and work within their scope of practice and granted privileges. | | | | |
| 7.1.2. | Have a valid Basic Life Support (BLS) Certificate. | | | | |
| 7.2. | All healthcare professionals shall refrain from using any other names or speciality titles that is different from their DHA license such as Cosmetic Specialist or Consultant, Aesthetic Specialist or Consultant, Aesthetician, Cosmetologist, Beauty Specialist or Consultant, Anti-Aging Specialist or Consultant, Cosmetic or Beauty Expert etc. | | | | |
| 7.4. | Non-surgical cosmetic procedures that requires general sedation and/or general anaesthesia shall only be performed in hospitals or Day surgical centres as per DHA Standards for standalone day surgery centres. | | | | |
| 7.4.1. | In the event where the use of general sedation or general anaesthesia is preferred in some procedures, a part-time or a full-time anaesthetist must be present during the full duration of the procedure. | | | | |
| 7.5. | All healthcare professionals performing hair laser procedures will require having a separate DHA license for hair laser procedures and a separate DHA recognized hair laser certificate training. | | | | |
| 7.5.1. | Only the following healthcare professionals can provide hair laser and IPL supervision with a DHA license for hair laser procedure and training certificate: | | | | |

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| a. | Consultant/ Specialist Family Medicine; | | | | |
| b. | Consultant/ Specialist Internal Medicine; | | | | |
| c. | General Practitioner with not less than five (5) years' experience in non-surgical cosmetic procedures. | | | | |
| 7.5.2. | Treatment of lasers (class 2 or higher), light (IPL and LED) or other energy devices shall only be applied by healthcare professionals in accordance to written instructions and treatment plan by the treating physician. | | | | |
| 7.5.3. | Consultant or Specialist Plastic surgeons and Dermatologist: | | | | |
| a. | May supervise hair laser treatments and IPL services; | | | | |
| b. | Do not require an additional training certificate. | | | | |
| 7.5.4. | The following licensed healthcare professionals may add "Laser Hair Technician" title to their current license after two (2) years of their license qualification and after obtaining the required training from an approved training centre by DHA and privileged by the MD: | | | | |
| a. | Nurses; | | | | |
| b. | Beauty therapist. | | | | |
| 7.6. | Health care professionals providing cosmetic and skin rejuvenation using Autologous Adipose-Tissue Derived Stem Cells (ADSCs) shall require a separate DHA licensure approval for ADSCs and approval from the medical director of the health facility where the service is provided. | | | | |
| 7.6.1. | A DHA consultant plastic surgeon shall supervise all cosmetic and rejuvenation use of ADSCs . | | | | |
| 7.6.2. | All physicians providing cosmetic ADSC must be certified in the appropriate field with evidence of recognized training in ADSCs therapy with clear description on the amount and the nature of the hands-on training received, including: | | | | |
| p. | Hold an Advanced Cardiac Life Support (ACLS) or Advanced Life Support (ALS) certification. | | | | |

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| 7.8. | Specialist/consultant other than dermatologist/plastic surgeons shall fulfil the following additional criteria prior to working or performing non-surgical cosmetic procedures: | | | | |
| 7.8.4. | Shall perform the following procedures only as per their relevant speciality and scope of practice: | | | | |
| a. | PRP in body parts, | | | | |
| b. | Botulin toxin and/or fillers in body parts, | | | | |
| c. | Facial threading including eyebrow lift and cat eyes. | | | | |
| 7.9.1. | Only the following DHA licensed specialist dentist shall perform Botox and Filler procedures: | | | | |
| a. | Orthodontic or, | | | | |
| b. | Prosthodontic or, | | | | |
| c. | Maxilofacial surgeon | | | | |
| 7.11.3. | Beauty therapist and massage therapist may perform limited number of non-surgical procedures listed in Appendix 1, in a salon or a non- clinical setting without the supervision of a healthcare professional, except for the following procedures: | | | | |
| a. | Laser hair removal and IPL. | | | | |
| b. | Microneedling. | | | | |
| 8 | STANDARD FOUR: RESPONSIBILITY OF THE MANAGEMENT | | | | |
| 8.1. | The health facility shall ensure the availability of at least one (1) full time or part time DHA licensed consultant/specialist plastic surgeon and/or dermatologist in the health facility to supervise non-surgical cosmetic procedures. | | | | |
| 8.1.1. | Hair Laser procedures can be supervised by the following: | | | | |
| a. | Consultant/ Specialist Family Medicine; | | | | |
| b. | Consultant/ Specialist Internal Medicine; | | | | |
| c. | General Practitioner with not less than five (5) years' experience in non-surgical cosmetic procedures. | | | | |
| 10 | STANDARD SIX: EQUIPMENT AND SAFETY | | | | |
| 10.2. | All equipment used in patient care shall be maintained according to manufacturers' specifications. | | | | |

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| 10.6. | Ensure that safety measures are adhered to during procedures this includes and not limited to testing patches, sterilization of equipment, infection control and the use of appropriate personal protection equipment such as safety goggles must be worn by healthcare professionals and patients during wherever recommended for cosmetic procedures. | | | | |
| 11 | STANDARD SEVEN: PATIENT MANAGEMENT | | | | |
| 11.1. | A face-to-face consultation and assessment with the patient is mandatory prior to performing any non-surgical cosmetic procedure. | | | | |
| 11.1.1. | Remote consultation and/or home visit assessment is not acceptable. | | | | |
| 11.2. | Cosmetic Botox and fillers are classified as a prescription-only medicine and shall only be administered by a trained and privileged licensed physician. | | | | |
| 11.3. | An informed and clear written consent should be obtained prior to the procedure and reconfirmed on the day of the procedure. The Non-Surgical Cosmetic Procedure and its implications should be effectively communicated, in a language and manner that is easily understandable, and documented in the consent and if needs be repeated to the patient in each visit. | | | | |
| 11.4. | If the age of the patient is below eighteen (18) years, the parents or legal guardian shall fill and sign the consent form. | | | | |
| 11.5. | Cosmetic Botox and fillers are not permitted to be used for patients under the age of 18 years old. | | | | |
| 11.8. | Ensure that a clear written criteria for patient selection, which includes and not limited to patient's age, general health and the appropriateness of the procedure, is documented. | | | | |
| 11.9. | Ensure that the patient files has documented marked drawings of where the procedure will be taking place. | | | | |
| 11.10. | Gender of healthcare professional providing the laser and IPL hair removal treatment shall be similar to patient gender. This is not applicable to facial and external extremities treatment. | | | | |

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| APPENDIX 1: | NON-SURGICAL COSMETIC PROCEDURES BY PROFESSIONAL CATEGORIES | | | | |
|----------------|--|--|--|--|--|
| 1 | <p>Blackhead and Comedone extraction</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² -Nurse³ -Beauty Therapist | | | | |
| 2 | <p>Body shaping and cellulite reduction machines e.g. LPG, Cool Sculpting or Aqua</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² -Nurse³ -Physiotherapist -Massage Therapist -Beauty Therapist | | | | |
| 3 | <p>Superficial Chemical Peels /skin resurfacing</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² -Nurse³ -Beauty Therapist | | | | |
| 4 | <p>Deep Chemical Peels</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ | | | | |
| 5 | <p>Cryotherapy using cooled air (regional and general)</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² -Nurse³ -Physiotherapist -Massage Therapist | | | | |

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| 6 | Electrolysis hair removal Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Nurse ³ -Beauty Therapist | | | | |
| 7 | Botulinum toxin injections (Botox) in the face only excludes nose Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Orthodontics/prosthodontics/Maxillofacial | | | | |
| 8 | Botox for hyperhidrosis Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² | | | | |
| 9 | Fillers and Botulinum toxin injections (Botox) in body parts Allowed for: -Dermatologist/Plastic Surgeon ¹ -Consultant and specialist only ⁴ | | | | |
| 10 | Face fillers including Jaw line contouring and double chin lifting Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Orthodontics/prosthodontics/Maxillofacial | | | | |
| 11 | Nose fillers Allowed for: -Dermatologist/Plastic Surgeon ¹ | | | | |
| 12 | Facial threading including eye brow lift and cat eye Allowed for: -Dermatologist/Plastic Surgeon ¹ -consultant and specialist only ⁵ | | | | |

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| 13 | <p>Hydra-facial</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² -Nurse³ -Beauty Therapist | | | | |
| 14 | <p>Hair laser removal and IPL ^{4*}</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon^{1,4*} -Other physicians/ GP Physician^{2,4*} -Nurse^{3,4*} -Beauty Therapist | | | | |
| 15 | <p>Cool sculpting</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² -Nurse³ -Beauty Therapist | | | | |
| 16 | <p>Skin rejuvenation</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² -Nurse³ -Beauty Therapist | | | | |
| 17 | <p>Hand rejuvenation</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² -Nurse³ -Beauty Therapist | | | | |
| 18 | <p>Manual Lymphatic Drainage (MLD)/(LPG)</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² | | | | |

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| | <ul style="list-style-type: none"> -Nurse³ -Physiotherapist -Massage Therapist -Beauty Therapist | | | | |
| 19 | <p>Laser Removal of tattoos</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² | | | | |
| 20 | <p>Deep skin subcision for acne scarring</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist only | | | | |
| 21 | <p>Treatment of hyperpigmentation</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² -Nurse³ -Beauty Therapist | | | | |
| 22 | <p>Mesotherapy (injectable or Derma Rollers with length >0.5mm)</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² | | | | |
| 23 | <p>Micro-needling (topical/needless devices or Derma rollers with length <0.5 mm)</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² -Nurse³ -Beauty Therapist | | | | |
| 24 | <p>Micro-dermabrasion</p> <p>Allowed for:</p> <ul style="list-style-type: none"> -Dermatologist/Plastic Surgeon¹ -Other physicians/ GP Physician² | | | | |

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| | -Nurse ³ -Beauty Therapist | | | | |
| 25 | Photo-dynamic therapy Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Nurse ³ | | | | |
| 26 | Photo-pneumatic therapy Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Nurse ³ | | | | |
| 27 | Platelet Rich Plasma for topical application and injections (face and hair) Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² | | | | |
| 28 | Platelet Rich Plasma for topical application and injections (body) Allowed for: -Dermatologist/Plastic Surgeon ¹ -Consultant and specialists only ^{2,5*} | | | | |
| 29 | Semi-permanent Makeup, Microblading and removal of semipermanent makeup including eyebrow and lip tattoo Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Beauty Therapist | | | | |
| 30 | Cellulite correction by body devices Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Nurse ³ -Physiotherapist | | | | |

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| | -Massage Therapist -Beauty Therapist | | | | |
| 31 | Non-surgical skin tightening/weight loss by light-based devices and external machines only such as infrared, radiofrequency, electrodes ultrasound applicators ^{4**} Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Nurse ³ -Massage Therapist -Beauty Therapist | | | | |
| 32 | Hair bleaching Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Nurse ³ -Beauty Therapist | | | | |
| 33 | Ear and Body Piercing Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Nurse ³ | | | | |
| 34 | Non- invasive Double Chin lifting Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² | | | | |
| 35 | Non -surgical removal of stretch marks Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² -Nurse ³ | | | | |
| 36 | Invasive skin procedures (skin opening) for skin tightening, lifting and or dissolving fats in face and body | | | | |

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|----|--|--|--|--|--|
| | Allowed for: -Plastic Surgeon | | | | |
| 37 | Cellulite Correction Allowed for: -Dermatologist/Plastic Surgeon ¹ | | | | |
| 38 | Cosmetic use of ADSCs insertion and aspiration ^{5**} Allowed for: -Dermatologist/Plastic Surgeon ¹ -Other physicians/ GP Physician ² | | | | |
| 40 | Fat aspiration and injection Allowed for: -Plastic Surgeons only | | | | |
| 41 | Non -surgical calve enhancement Allowed for: -Plastic Surgeons only | | | | |
| 42 | Non-surgical buttock augmentation using fat injections Allowed for: -Plastic Surgeons only | | | | |
| 43 | Teeth Whitening Allowed for: -All dental specialties | | | | |

1. Dermatologist and Plastic surgeons do not require additional training
2. Other Consultants/Specialists/GP physicians must have documented evidence of training in non-surgical cosmetic procedures and shall be related to his area of specialty.
3. Nurses must have documented evidence of training and be supervised by a dermatologist or plastic surgeon.
4. Physicians shall only inject body fillers as per their relevant specialty.
- 4*. This procedure must be performed in a DHA licensed health facility. Laser and IPL shall be supervised by consultant or specialist Plastic surgeon or dermatologist and/or (family physician, Internal medicine, General practitioner) with hair laser privilege and training certificate. Nurses and Beauty therapist must have a DHA license title "License technician"
- 4**. Infrared light in combination with skin suctioning should not be used in a non-clinical health facility.

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5. This procedure shall only be performed by consultant/specialist surgeons, as per their relevant specialty.

5*. Physicians shall only inject PRP in areas as per their relevant specialties.

5**. The physician must be certified in the appropriate field with evidence of recognized training in ADSCs therapy with clear description on the amount and the nature of the hands-on training and under the supervision of a plastic surgeon. Refer to DHA standards for Autologous ADSC-SVFC.

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